

	Thursday 23rd	Friday 24th	Saturday 25th	Sunday 26th	Monday 27th	Tuesday 28th	Wednesday 29th		
6.00	6.00 - Promo	6.00 - Promo	6.00 - Promo	6.00 - Promo	6.00 - Promo	6.00 - Promo	6.00 - Promo		
6.30	6.30 - Sunrise	6.30 - Sunrise - 7	6.30 - Style Her Famous	6.30 - Fox Sports Morning News	6.30 - Sunrise	6.30 - Sunrise - 7	6.30 - Sunrise - 7		
7.00			7.00 - Promo, 7.15 - Weekend Sunrise	7.00 - Promo, 7.15 - Weekend Sunrise					
7.30									
8.00									
8.30									
9.00	9.00 - Promo, 9.15 - Launch my Line	9.00 - Promo, 9.15 - Perfect 10	9.00 - Promo, 9.15 - AFL Game Day	7.00 - Promo, 7.15 - Weekend Sunrise	9.00 - Promo, 9.15 - Perfect 10	9.00 - Promo, 9.15 - Perfect 10	9.00 - Promo, 9.15 - Perfect 10		
9.30	10.00 - Suffle	10.00 - Suffle			10.00 - Promo, 10.15 - Video Hits	10.00 - Shuffle (10.50 mute for Rhett & Tilly Show)	10.00 - Shuffle (10.50 mute for Rhett & Tilly Show)	10.00 - Shuffle (10.50 mute for Rhett & Tilly Show)	
10.00									
10.30									
11.00					11.00 - Fashion Week - Fashion				
11.30	11.30 - Seven Morning News	11.30 - Seven Morning News	11.30 - Surf: Stand Up Paddle Surfing World	11.30 - Seven Morning News	11.30 - Seven Morning News	11.30 - Seven Morning News			
12.00	12.00 - Promo, 12.15 - F Men	12.00 - Promo, 12.15 - Evolution of Pink	12.00 - AFL Premiership Grand Final: Collingwood v St Kilda	12.00 - Surf: Longboard TV	12.00 - Promo, 12.15 - Prince (12.50 - Mute for Rhett & Tilly Show)	12.00 - Promo, 12.15 - Surf: Longboard TV, 12.30 - BMX: Props (12.50 - Mute for Rhett & Tilly Show)	12.00 - Promo, 12.15 - Fox Sports News Long Lunch - FSN (12.50 - Mute for Rhett & Tilly Show)		
12.30	12.30 - Entertainment Tonight			12.30 - Surf: Fins					
13.00	13.00 - Live Lunch: Red Hot Chilli Peppers	13.00 - Storytellers: Christina Aguilera		13.00 - U2 360 Live in Concert - The Making Of	13.00 - Moto: 2010 Arenacross (screen muted)	13.00 - Live Lunch: Katy Perry (screen muted)	13.00 - Duran Duran Live at the Apollo (screen muted)		
13.30				13.30 - Surf: From Where You'd Rather Be	13.30 - Live Lunch: Pussycat Dolls	13.30 - Duran Duran Live at the Apollo			
14.00	14.00 - The Daily 10	14.00 - Shuffle		14.00 - Promo, 14.15 - Creative Generation: Schools on Stage	14.00 - Behind the Scenes "The Expendables"	14.00 - Shuffle	14.00 - Surf: FINS		
14.30	14.30 - Fox Sports News Express		14.30 - Surf: From Where You'd Rather Be						
15.00	15.00 - Entertainment Tonight	15.00 - Entertainment Tonight	15.00 - Entertainment Tonight				15.00 - Entertainment Tonight	15.00 - Entertainment Tonight	
15.30	15.30 - Shuffle	15.30 - Shuffle	15.30 - Road to Delhi - 10				15.30 - Shuffle	15.30 - FSN Express	15.30 - Shuffle
16.00	16.00 - Top 40 MTV Icons	16.00 - Moschino	16.00 - Places We Go With Jennifer Adams				16.00 - Style by Jury	16.00 - Top 40 Soundtracks	16.00 - Top 40 Highest Selling Albums
16.30		16.30 - Australian Fashion		16.30 - Fashion Police	16.30 - E! News				
17.00	17.00 - Hot Seat	17.00 - Hot Seat	17.00 - Robbie Williams Show	17.00 - Promo, 17.45 - Greatest Albums: Top 100	17.00 - Hot Seat	17.00 - Hot Seat	17.00 - Hot Seat		
17.30	17.30 - Gold Coast News	17.30 - Gold Coast News		17.30 - Great South East	17.30 - Gold Coast News	17.30 - Gold Coast News	17.30 - Gold Coast News		
18.00	18.00 - News	1745 - Movie on the Green: Bedtime Stories	18.00 - News	18.00 - News	18.00 - News	18.00 - News	18.00 - News		
18.30	18.30 - Promo, 18.45 - Top 40 MTV Icons		18.30 - Fashion Police	18.30 - Fashion Police	18.30 - FSN Express	18.30 - Top 40 Soundtracks	18.30 - FSN Express - FSN		
19.00	19.00 - Movie on the Green: Alvin & The Chipmunks		19.00 - Movie on the Green: Fantastic Mr Fox	19.00 - Movie on the Green: Tooth Fairy	19.00 - The 7pm Project	19.00 - The 7pm Project	19.00 - The 7pm Project		
19.30					19.30 - The X Factor	19.30 - Top Gear	19.30 - Glee		
20.00	20.30 - This Was 1996		19.30 - Rugby League Finals - GC Titans v Sydney Roosters	20.30 - Last Part of The X Factor	20.30 - Project Runway			20.30 - The Boss is Coming to Dinner	
21.00		21.00 - Rough Guide							21.00 - Bon Jovi: Lost Highway
21.30	21.30 - Australia Fashion	21.30 - Promo, 21.45 - Weather Overnight	21.30 - Models of the Runway	22.00 - Fashion Police					
22.00	22.00 - F Men	21.45 - Karaoke Box	21.45 - Karaoke Box		22.00 - The Insider Weekend	22.30 - Promo	22.30 - Promo		
22.30	22.30 - Japan Fashion / 22.45 - Promo		22.00 - All Time Top 40: 90s Bestsellers	22.30 - Promo					
23.00	23.00 - Screen Off	23.00 - Screen Off	23.00 - Screen Off	23.00 - Screen Off	23.00 - Screen Off	23.00 - Screen Off	23.00 - Screen Off		

* Programs are subject to change without notice

* Contact centre management for further information on 5570 6006

* Due to the nature of sporting events, programming times will vary. Please note that times are approximate only